

NourishingHealth

North Dakota Academy of Nutrition & Dietetics
Lunch & Learn Series
Wednesdays in March, 2025

March 5 12:00 pm	Poops, Toots, & Bloat: Clues to Digestive Distress and How the Dietitian Can Help Patients with IBS	Christine Randazzo Kirschner, MS, RDN, CDN [1 CEU]
March 12 11:00 am	Too Hot To Handle: Nutrition Strategies for Menopause	Rachel Iverson, DHSc, RD, CSSD [1 CEU]
March 12 12:00 pm	Capturing Food Magic: A Food Photography Workshop for Dietitians <i>**Includes Optional Hands-On Learning Opportunity**</i>	Ashley Moyna Schwickert, MS, RD [1 CEU]
March 19 12:00 pm	Diversifying Private Practice Through Social Media & Consulting Opportunities	Kelsey Raab, RD, LN, CDCES [1 CEU]

*Agenda Subject to Change

Pending CDR Approval: 4 Hours Live Webinars



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2025 North Dakota Nutrition & Dietetics Symposium & Expo Agenda Wednesday, March 26, 2025

10:00 am	Welcome NDAND Membership Meeting Awards Presentation	NDAND President NDAND Awards Chair
11:00 am	Poster Session and Q&A	UND/NDSU/Concordia [1 CEU]
12:00 pm	Negotiating Your Worth: Empowering Nutrition and Dietetics Professionals to Advocate for Competitive Salaries	Meredith Wagner, PhD, RDN, LRD, FAND [1 CEU]
1:00 pm	Expo and Q&A NDAND Updates	Various Sponsors & Board of Directors [1 CEU]
2:00 pm	Dietitians and Body Image: Exploring Our Role in Client Care	Kristina Hokenson, RDN, LRD [1 CEU]
3:00 pm	Red Rover, Red Rover... Let the Dietitians Come Over	Mary Angela Miller, MS RDN, LD [1 CEU]
4:00 pm	Closing	NDAND President

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