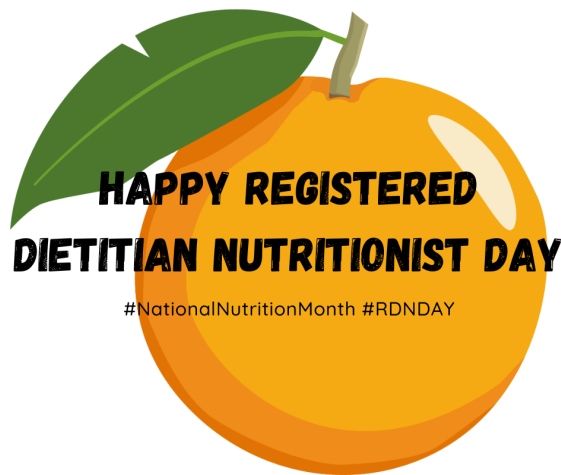




North Dakota Academy  
of Nutrition & Dietetics

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## Happy Registered Dietitian Nutritionist Day!



Today is a day to celebrate you and your career. Take a moment to reflect on your path to where you are now. Think about the successes you have celebrated and the challenges you have overcome.

Being a Registered Dietitian and promoting healthy eating is a valuable asset to our nations health. Whether you work in a clinical, commuity, foodservice, research or management role you are impacting lives around you - Keep up the great work!

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## 2024 NOURISHING HEALTH SYMPOSIUM



Join us for the *virtual* 'Nourishing Health Symposium & Expo' March 19-20, 2024! Dive into a rich lineup of topics spanning a day and a half, including engaging poster presentations by local students and an exclusive policy and Academy update by North Dakota's very own, Karen Ehrens.

Visit our website for [more information!](#)

[Register Here!](#)

All North Dakota RD's are encouraged to attend our [Membership Meeting](#) on March 19th at 3:15pm CST.

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## House Of Delegates Update

The HOD met virtually February 21, 2024. The meeting began with the presentation of the two abstracts from FNCE 2023 that were recognized for excellence by the Council on Future Practice.

The first abstract described an interprofessional collaboration of health care providers who utilized a team approach to assess a patient. It highlighted the value the dietitian brought to the team assessment.

The second abstract described the use of phone or video interaction to deliver care in a chronic digestive disease as an example of a future model of practice. The option for licensure in multiple states will become more critical in the future to work in virtual settings.

All abstracts from this session can be found in the [September 2023 Supplement of the Journal of Academy of Nutrition and Dietetics, pages A81-A82](#) and the [October 2023 Journal of Academy of Nutrition and Dietetics, page A43](#).

The delegates were divided into focus groups for a discussion on the *Changing Environment for Nutrition Professionals in Long-Term Care*. Points identified included the realization that some RD positions are being filled by non-RDs; regulations are not uniform across states; there may be a need for updated practice guidelines for the RDN in long-term care.

A summary document of critical issue submissions from November 2023 to January 15, 2024, is available by contacting your [delegate](#).

**The House of Delegates is seeking individuals with experience using artificial intelligence.** If you are interested in defining areas where the Academy can support practitioners with AI [apply by March 25](#). The expected duration of this workgroup is no more than three months. Meetings will be scheduled based on participant availability. [Email the HOD](#) with any questions.

The HLT approved an updated plan for the HOD meeting structure for 2024-2025. Meetings will follow a focus group format hosted every other month rather than each month and be available on three different days and times for maximum availability.

[You can always reach out to Betty Larson as your delegate](#) with any questions.

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## Renew Your Academy Membership for 2024-2025 Year

Renew membership, plus add or renew dietetic practice groups, member interest groups and other Academy groups by logging into your account on [eatrightPRO.org](http://eatrightPRO.org)



or calling the Member Service Center at 800-877-1600, Option 1 (weekdays from 8 a.m. to 5 p.m. Central time). International callers can dial +1-312-899-0040, Option 1. An installment plan allows for smaller payments distributed over time. For those who prefer to submit dues by check, printed renewal materials will be sent in mid-April. Use the Talk to Your Employer about Paying your Academy Dues flyer to demonstrate the advantages and savings gained from paying for multiple memberships at one time.

[Learn More](#)

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### Member CEU Event

#### When is the event?

March 27<sup>th</sup> 2024, 3pm ET

#### Will this be recorded?

This webinar will be recorded however, it will not be available to distribute if the event is missed. It will be accessible in our on-demand portal (coming soon).

#### Does this require registration?

Yes. This event requires registration to attend and gain CE credit.

[Register Here](#)

#### Can SLP/ CDM obtain CE credit for this event?

This event is pre-approved for CE for RDs and DTRs. Individual practice submission for CE can be done independently.

Can teams attend webinar as a group and still get credit? Unfortunately, to receive CE, each practitioner will need to register, attend, and fill out the feedback form individually to receive CE credit.

#### Have more questions?

Reach out to [Karen Sudders](#)

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### Happy National Nutrition Month!

The Fargo Moorhead Academy of Nutrition and Dietetics will be hosting an all-day watch party for the 2024 North Dakota

A Virtual CE Event

## GUT HEALTH GUARDIAN:

NAVIGATING THE PROPHYLACTIC FRONTIERS OF PREBIOTICS IN DIARRHEA PREVENTION

Presented by Dr. Keith Garleb, PhD

WEDNESDAY MARCH 27TH, 2024  
03:00 PM ET

[REGISTER NOW](#)

Join us to explore the science behind prebiotics as proactive defenders against digestive challenges. We will delve into the intricate symbiosis between prebiotics and gut health, unraveling the preventive powers they hold in the face of diarrhea.

Pre-Approved for 1 CPEU for RDs and DTRs through the Commission on Dietetic Registration

Hosted By:  
Medtrition.



Academy of Nutrition and Dietetics Nourishing Health Symposium on **Wednesday, March 20th** at Railyard Offices in Fargo!

This will provide a great opportunity to network with other dietitians while earning 7.25 CEUs. Each attendee must be a paid registrant of the virtual symposium, no additional cost to attend. Coffee and light refreshments will be served. The office is also located next to Brewhalla, offering additional coffee and food nearby if interested. Also, the office space does have a microwave available to warm your lunch, if you should choose. Spots are limited, but there are a few spots still available!

Reach out to us on our FMAND Facebook page or via email to claim your spot, we would love to see you there!

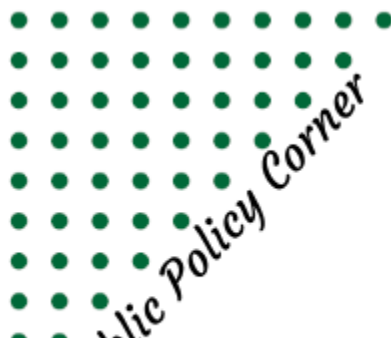
[Symposium Registration](#)

“**Gardening in North Dakota**” is quickly approaching and will be held on [Saturday, April 13th from 9- 10:30am!](#) This event will be hosted at Shey West in West Fargo, where we will learn about gardening (what grows best and how to plant) here in North Dakota and actually plant our own herbs at the event! This will be a unique and fun event to take part in! Additional details and pricing to come.



Join the Bismarck Mandan Academy of Nutrition and Dietetics at **Laughing Sun Brewing** (1023 E Front Ave, Bismarck, ND 58504) **Wednesday, March 13th from 5-7pm.**

Drop by and say hi or stay for awhile for their Registered Dietitian Day social! There will be some apps to share!



Let your voice be heard! Complete [Action Alerts](#) to let your legislators know what policies you are passionate about.

[Click Here: Member Action Alerts](#)

## **Your Feedback Requested on Payment and Reimbursement Educational Resources**

We want to hear from you! Academy members are encouraged to **complete this brief survey** on payment and reimbursement educational resources by **April 30**. Your feedback will be used in the development of future Academy programs and resources, as well as help guide reimbursement and payment initiatives.

## **Have You Joined the ACT now for MNT Campaign?**

Passage of the Medical Nutrition Therapy Act would be a win-win for the profession and the communities Academy members serve. If the MNT Act is passed, Academy members would receive more opportunities for reimbursement while also addressing the gap in care for our country's seniors who only have access to MNT for diabetes and renal disease — a crucial step needed to achieve health equity for racial and ethnic minority populations.

To get the Medical Nutrition Therapy Act over the finish line, Academy members are asked to **take three easy steps to ACT now for MNT:**

- Complete an **action alert** for the MNT Act.
- **Contribute \$5 to ANDPAC\*** to support the advancement of the MNT Act and other key Academy policy initiatives.
- Tell five people — friends, colleagues, clients — to ACT now for MNT by **sharing the public action alert**.

Our goal is to have all Academy members join the ACT now for MNT campaign. An **online toolkit** with social media graphics and messaging is available to help spread the word.

*\*Contributions to ANDPAC are voluntary and are not tax deductible. Federal law requires political action committees to report the name, mailing address, occupation and name of employer for each individual whose contributions aggregate in excess of \$200 in a calendar year. Federal law also restricts corporate donations to PACs to be used for administration purposes only.*