



North Dakota Academy
of Nutrition & Dietetics



2024 NOURISHING HEALTH SYMPOSIUM

Get Ready for the Virtual 'Nourishing Health Symposium & Expo' on March 19-20, 2024!

Dive into a rich lineup of topics spanning a day and a half, including engaging poster presentations by local students and an exclusive policy and Academy update by North Dakota's very own, Karen Ehrens.

Visit our website for [**more information!**](#)

Symposium Scholarship Deadline Extended to February 15, 2024!

Visit our [**website**](#) to learn more about the various scholarships we have to offer including the application to cover the symposium registration fee!

2024-2025 Board Elections

The North Dakota Academy of Nutrition and Dietetics Nominating Committee is pleased to announce the slate of candidates for the 2024 ballot. Candidates' biographical information and photos are posted on [**our website**](#). Please watch for emails when the ballot is open from February 1 through February 15, 2024.

NDAND Awards Information & Applications: Be Recognized or Recognize a Colleague!

It is time to recognize our outstanding members. Please consider nominating a deserving dietitian, dietetic student or a business/individual who has supported our profession for the following awards:

- **Outstanding Student of the Year**
- **Outstanding Dietitian of the Year**
- **Recognized Young Dietitian of the Year**
- **Golden Grains Award**

All nominations are due **January 31, 2024**. To apply for any of the awards, please send the completed data sheet to [Kelsey Herrick](#). For more information on the awards, click [here](#) to view past award recipients and the awards packet.

Updates From the House of Delegates on How the Academy is Working for You!

Members of the HOD met virtually on December 20, 2023. The agenda centered around informing members on the Policy and Advocacy Team actions. Each team discussed their responsibilities and current action. All this information can be found in more depth on the <https://www.eatrightpro.org/>

- Affinity groups can be attended by any member that has an interest in the subject Register on the website.
 - MNT Expansion Affinity Group – First Tuesday every month at 3:30-4:30 pm EST
 - Nutrition Security Affinity Group – First Wednesday every month at 4-5pm EST
 - Licensure Initiatives Affinity Group – Second Tuesday every month from 3-4 EST
 - Reimbursement and Payment Affinity – Fourth Tuesday every month 2-3 EST
- A key message is the MNT Act has been reintroduced. There is also a DSMT Act, a Medically Tailored Home Delivered Meals Demonstration Act, a Preventing Diabetes in Medicare Act, and the Treat and Reduce Obesity Act. All AND members are encouraged to contact legislators to encourage support. Information on how to engage with your representatives can be found here: <https://www.eatrightpro.org/advocacy/take-action/grassroots-resources/engaging-with-congress-members>
- As part of the Nutrition Security Initiatives the Farm Bill includes SNAP, SNAP-ED, and other public nutrition programs. Healthy school meals and senior food and nutrition security are also initiatives being pursued.
- The Dietitian Licensure Compact is being pursued to help dietitians easily obtain licensure across states.
- The Payment and Reimbursement Team is continuing to evaluate Nutrition Services coverage and coding of MNT.

- The Academy greatly encourages and appreciates the support of the ANDPAC. A minimum \$10 donation by each AND member would make our PAC stronger.
- The Academy is also pursuing strategic initiatives and relationships that can be formalized between Strategic Partners and Collaborative Partners. Examples are ADCES, ASPEN, etc.
- Upcoming Critical issues for HOD discussion will be Artificial Intelligence in January, Evaluation of Critical Issues submissions in February, and How to Improve Student Enrollment in March. Your comments and input regarding these subjects can be sent to me at bettylarsonrd@gmail.com

You can always reach out to Betty Larson as your delegate with any questions.

From the Academy:

Candidates Selected: Academy's 2024 National Election

The Academy's and Commission on Dietetic Registration's Nominating Committees are pleased to announce that, from among many excellent nominees, candidates have been selected for the 2024 national election, to be held February 1 to 15.

Learn More

The **Academy of Nutrition and Dietetics Foundation** is accepting applications for its 2024 **Awards** and **Research Grants**. Over 30 applications are available, presenting opportunities for Academy members, credentialed practitioners, and students to apply for Foundation funding.

Individual recognition, continuing education, program development, and international awards, as well as research grants are detailed below. All applications are accessible within the **Foundation's application portal** and have a deadline of February 20, 2024, at 5:00 pm (Central Time). Emailed and hard-copy applications will not be accepted or considered for funding.

Any questions for the Foundation regarding award applications should be submitted via email to **scholarship@eatright.org**. Questions regarding research grants should be submitted via email to **grants@eatright.org**.

Updated Scope and Standards of Practice

The Scope and Standards of Practice are a comprehensive framework describing both the competent level of practice as well as the depth and breadth of practice in nutrition and dietetics for RDNs or NDTRs. These have been updated please visit **CDR** to learn more and participate in the learning module (2 CPEU's!)

FNCE® Call for Abstracts Open: February 16 Deadline

The Academy is seeking abstracts to be presented during poster sessions at the 2024 Food & Nutrition Conference & Expo®, to be held October 5 to 8 in Minneapolis, Minn. Categories include research, project or program reports and future practice.

[Learn More](#)

Happy New Year from FMAND! Join us in-person or virtually on Saturday, January 20th from 8am-12pm for our 5th Annual Winter Symposium, "Gut Health Reflections" Part 2!

This will be a wonderful networking opportunity and offer 2.5 CEUs!

We have an incredible line-up of speakers and topics including, "Food Allergy Testing," "Gut Health from a Functional Medicine Perspective," "Acne and Gut Dysbiosis," and "Benefits of Acupuncture on Gut Health." In addition we will have a mini expo and more! Come enjoy an informational morning with light breakfast and networking! Also, please note this event is open to the public and other health professionals.



[Get registered TODAY!](#)

\$10 Students/Public

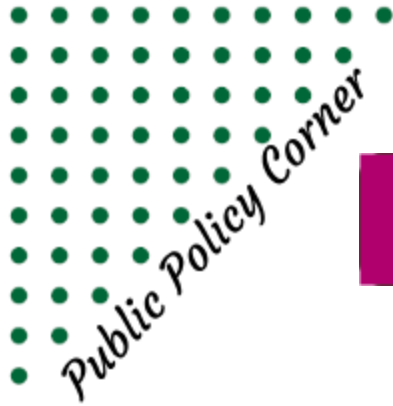
\$20 Academy Members

\$30 Non-Academy Members

Virtual Zoom Option (AND Members)- \$15

Virtual Zoom Option (non-AND Members)- \$25

Virtual Zoom Option (students and public)- \$5



Let your voice be heard! Complete [Action Alerts](#) to let your legislators know what policies you are passionate about.

[Click Here:
Member Action Alerts](#)

Have You Taken the MNT Act Action Alert?

The Academy thanks U.S. Sens. Susan Collins (Maine) and Gary Peters (Mich.) and U.S. Reps. Robin Kelly (Ill.) and Jen Kiggans (Va.) for introducing the Medical Nutrition

Therapy Act of 2023.

Passage of the Medical Nutrition Act would be a win-win for you and the communities you serve:

- Increase access to nutrition care for seniors with chronic diseases.
- Authorize health care professionals to refer patients for MNT.
- Foster health equity.