# **EatRightND News**





## **Nourishing Health Symposium & Expo**

Join us March 7-8 for our virtual symposium. We will hear from a variety of speakers on topics including Plant-Based Anti-inflammatory Diet, Allyship and the inclusion of culture in nutrition education and many more. There will be poster sessions presented by area RD students and a great expo.

For more information about the event including the <u>agenda</u>, <u>registration</u> and <u>scholarship</u> opportunities, visit our <u>website</u>.

#### **Scholarships**

We have 6 different <u>Scholarships</u> available for our members including one to cover the registration fee for the <u>annual symposium</u>. The application is short but the deadline is quickly approaching! Apply by February 3, 2023 - Don't miss out on free money!

#### **Awards**

Nominations for NDAND annual awards are due January 31, 2023! Please submit your applications to **Kelsey Herrick**. Submit applications for yourself, a colleague or friend! It is important to recognize the hard work completed by our members. **Applications, criteria** and more information can be found on our **website**.

#### **NDAND Elections**

Voting for next year's elected board positions will open February 1, 2023. The Nominating Committee is pleased to announce the follow candidates: President-elect:

- Bri Srnsky, RD, LRD, CEDRD-s
- Treasurer-elect: Melissa Glatt, RDN, LRD
- Secretary: Hannah Wilson, PhD, RDN, LRD
- Nominating Committee Chair-elect: Amy Nelson, RD, LRD, SNS

More information will be available when the ballot is released February 1, 2023. Please be sure to vote; make your voice heard!

## **RD Day at the Capital**

NDAND is excited to share that we are hosting a "Dietitian Day" at the North Dakota Capital on Monday, March 6th! We are excited to have a presence during the Legislative Session to share more about NDAND, connect with Legislators, and celebrate RDN Day and National Nutrition Month! Stay tuned for more information!

#### White House Conference on Huger, Nutrition and Health Follow-up Calls

NDAND and the Nutrition Section of the ND Public Health Association invite you to attend our monthly White House Conference on Hunger, Nutrition, & Health discussion calls **online via ZOOM the 4th Wednesday of each month @ 3pm.** We will be strategizing what our organizations can do and/or are doing to address hunger, nutrition, and health, and how we might work together to keep the momentum going.

Join us **here** each 4th Wednesday!



#### **FMAND:**

FMAND is hosting their 4th Annual Winter Symposium on Saturday January 28th, 2023 from 9 AM - 12:15 PM (Check in starts at 8:30 AM).

The popular morning event will include light breakfast, coffee, food samples and FOUR speakers!

- Michelle Draxten, MPH, RDN, CLC at Fargo Cass Public Health
- Elizabeth Hilliard, Elizabeth Hilliard, PhD, RDN, IBCLC, LRD Associate Professor at NDSU
- Amy Nelson, RD, LRD, SNS Child Nutrition Specialist with ND Dept of Public Instruction
- Naomi Hass, Registered Dietitian with Schwan's Food Service

There is an in-person and virtual option available to attendees, all are welcome even if you're not in the Fargo area!

# Registered Dietitians will be able to obtain 3 CEU's! Door Prizes will be drawn! REGISTER

**Location:** NDSU Campus Katherine Kilbourne Burgum FLC Room 312

#### In Person Costs:

- AND Members \$40
- Non-AND Members \$60
- Students & Public \$15

#### **Virtual Costs:**

- AND Members \$20
- Non-AND Members \$40
- Students & Public \$10



# From the Academy:

# November/December 2022 Issue of MNT Provider:

The November/December 2022 edition of the MNT Provider newsletter includes a deep dive on telehealth; CMS updates to telehealth; an overview of the Academy's efforts to expand access to MNT; an update on Aetna; and more! Click <a href="here">here</a> to read the November/December 2022 issue and previous editions.

#### **Three New Journal Podcasts:**

The Journal of the Academy of Nutrition and Dietetics offers three new podcasts for listening and sharing with your colleagues: **Sex and Gender Data Collection in Nutrition Research and Practice**; **Path Analysis and Structural Equation** 

# <u>Modeling in Nutrition and Dietetics</u>; and <u>Diet and Sleep: New Research</u> <u>Opportunities</u>.

#### **Registration is Open: Nutrition and Dietetics Advocacy Summit:**

The Academy's virtual 2023 Nutrition and Dietetics Advocacy Summit will be held March 28 to 30. Attendees can connect with hundreds of food and nutrition practitioners at all skill levels and take a deep dive into key policy issues that impact health and the nutrition and dietetics profession. You can sharpen your communication skills and develop new, high-level personal and professional relationships.

#### **Learn More**

## February 16 Submission Deadline: 2023 FNCE® Abstracts:

The Academy is seeking abstracts to be presented during poster sessions at the 2023 Food & Nutrition Conference & Expo®. Categories include research, project or program reports and future practice. This is a great opportunity to present your research to food and nutrition experts from around the world. The submission deadline is February 16.

#### **Learn More**

# **2023 Slate of Candidates: Academy Board of Directors**

The Academy of Nutrition and Dietetics and Commission on Dietetic Registration Nominating Committees are pleased to announce the <u>slate of candidates</u> for the 2023 national ballot. The election will run February 1 - 15, 2023. Please vote and make your voice heard!