

EatRightND News



Thank you to our Gold & Silver Annual Sponsors! Your support and commitment to our organization is much appreciated.

If you work at or with these organizations please make sure to extend your thanks!

GOLD:

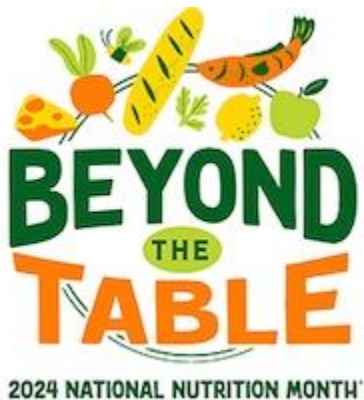
Cappa Health

The Soyfoods Council/North Dakota Soybean Council

SILVER:

Northern Canola Growers Association

Academy Announces 2024 National Nutrition Month® Theme: 'Beyond the Table'



Thank you to the thousands of Academy members who provided input on potential National Nutrition Month® 2024 themes and logos. The selected theme is "Beyond the Table." It highlights the farm-to-fork aspect of nutrition; addresses the many ways and places we eat; emphasizes sustainability efforts; and showcases the expertise of nutrition and dietetics professionals.

[**Learn More**](#)

SAVE THE DATE

Get Ready for the Virtual 'Nourishing Health Symposium & Expo' on March 19-20, 2024!

Dive into a rich lineup of topics spanning a day and a half, including engaging poster



presentations by local students and an exclusive policy and Academy update by North Dakota's very own, Karen Ehrens.

Stay tuned for registration and the full agenda! We're thrilled to have you join us for this exciting event!

RD SURVEY

The Oklahoma State University is conducting a survey looking at the communication style of dietitians. **The survey is short (about 15 minutes) and includes brief questions.**

The first 60 participants will get a \$15 Amazon gift card. Email will be collected for the gift card, but otherwise the survey will be anonymous.

NDAND needs you! Recruitment has started for officer positions on the Board of Directors for 2024-2025. Positions begin June 1, 2024 and include:

- **President-Elect:** Serving as President-Elect provides an opportunity to develop and enhance leadership skills as you lead your profession in a meaningful way. The term is a 3-year commitment: 1-year President Elect, 1-year President, 1-year Past President. You will have the chance to attend the Food & Nutrition Conference & Expo (FNCE) and work alongside the President to become familiar with the Academy of Nutrition and Dietetics (AND) and the North Dakota AND programs, roles, and responsibilities.
- **Treasurer-Elect:** Serving as Treasurer-Elect will help increase communication and interpersonal skills with a vast array of professions from dietitians, bankers, lobbyists and other medical providers that support our profession. The term is a 2-year commitment: 1-year Treasurer-Elect, 1-year Treasurer. You'll be given the chance to network with other dietitians nationwide and throughout the state and learn how our finances are spent and how NDAND gives back to our profession, locally and nationally.
- **Secretary:** Serving as Secretary provides an opportunity to improve communication and organizational skills and increases your understanding and familiarity with board operations, Robert's Rules, and components of a successful board. The term is a two-year commitment. The position allows for the flexibility to serve NDAND in different ways, including volunteering for different committees such as financial auditing, strategic planning, and more.
- **Nominating Committee Chair-Elect:** Serving as Nominating Committee Chair-Elect allows you the chance to become involved and familiar with the North Dakota Academy of Nutrition and Dietetics board and positions. The term is a 2-year commitment: 1-year Nominating Committee Chair-Elect, 1-year Nominating Committee Chair. You will develop skills in volunteer recruitment and build connections with NDAND members across North Dakota.
- **Delegate:** Serving as the Delegate allows the opportunity to be the voice for the membership of the North Dakota Academy of Nutrition and Dietetics at a national level. You'll gain the chance to not only serve your peers but also develop a national network which can enhance any potential career path. The term is a 3-year commitment and

does require being a participative member of the Academy for at least 3 consecutive years immediately prior to serving.

For further information, or if you'd like to nominate yourself a fellow RDN, email [Kerrie Honrath](#) and/or [Amy Nelson](#).

Delegate's Report to Our Members:

The Academy of Nutrition and Dietetics House of Delegates has a volunteer opportunity for members to serve as note takers during House of Delegates Real-Time Dialogues (virtual meetings). Participating as a note taker brings you to the front lines of how leaders work together to shape the direction of the profession and the Academy.

Interested members should be:

- an active member or student member of the Academy
- able to synthesize information and type the information in an online workbook, capturing key concepts and paraphrasing ideas
- comfortable verbally communicating with our leaders as they may be asked to recap discussions
- adept in technology, including Zoom and document editing programs (such as Google docs). Please check out the HOD Tips for Note Takers for more details about this volunteer opportunity. If you or someone you know would like to serve the HOD as a note taker for one of the Real-Time Dialogues, please contact hod@eatright.org.

The Academy is pleased to open its annual solicitation to serve on one of our national committees for the 2024-2025 membership year. The application is open October 1, 2023 – January 15, 2024 and should take approximately 20 minutes to complete. This application is for terms starting June 1, 2024.

The new CEO of the Academy, Dr. Wylecia Wiggs Harris, encourages members to friend her on *Linked In* to receive her regular posts on *Transformative Leadership*.

The House of Delegates is soliciting input for topics facing the profession, to research and provide recommendations to the Academy and its organizational units. **Please consider submitting any topics you feel passionate about.** The HOD encourages you to be thoughtful and when possible, to provide links to resources or findings that will help them evaluate your suggestion.

You can always reach out to Betty Larson as your delegate with any questions.

From the Academy:

Member Updates and Professional Development

Feedback Requested: ACEND 2022 Accreditation Standards

The Accreditation Council for Education in Nutrition and Dietetics Standards Committee is conducting a survey to gather feedback regarding the current 2022 and Future Education Model ACEND Accreditation Standards for nutrition and dietetics education programs. Per United States Department of Education requirements, the ACEND Accreditation Standards are revised every five years. The results of this survey will be used to revise the 2022 and FEM Standards.

Your feedback will be critically important as the 2027 Standards are being developed.

Note that there are two surveys, one for the 2022/FEM Standards and Required Elements and another related to the Knowledge, Competencies and Performance Indicators. The Standards survey may take 40 to 60 minutes to complete; the review of the Knowledge, Competencies, and Performance Indicators may take up to two hours to complete. You can stop the questionnaire and re-enter at a later time to finish your responses.

surveys may be accessed at the following links: [2022 Standards](#) and [FEM GP Standards](#) until February 5, 2024. Your survey responses will remain anonymous.

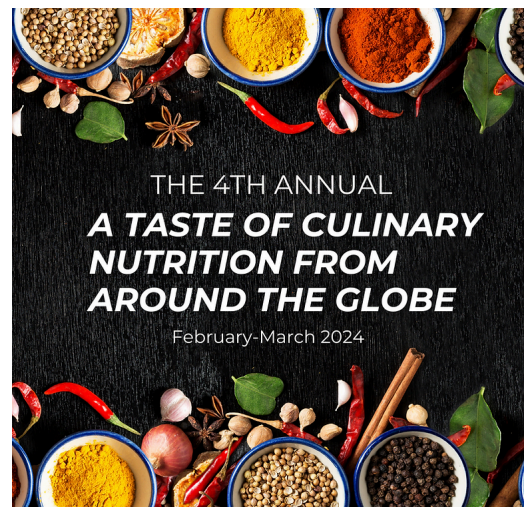


4th Annual "A Taste of Culinary Nutrition From Around the Globe

[CLICK HERE TO LEARN MORE & REGISTER](#)

We are pleased to announce our

We welcome RDNs, health professionals, chefs and nutrition students to participate in a series of hands-on workshops covering a selection of food cultures from around the world through the lens of culinary nutrition. We will be covering 6 new food cultures, including: Greek, Thai, Taiwanese, Jamaican, Puerto Rican, and Peruvian.



A ticket to this series includes registration to 6 interactive culinary workshops held weekly on **Thursdays at 6-8pm ET from February 1st until March 7th.** This series is worth 12 CEUs, pending approval by the Commission on Dietetic Registration and meets the requirements for the Ethics credit.

All sessions will be held LIVE on Zoom and will be recorded for those that are not able to join for the actual event.



Fargo-Moorhead Update:

December will be an off month from activities, but we are hard at work preparing our annual winter symposium!

This symposium, "Gut Health Reflections" Part 2, is our largest CEU offering of the year, and a chance to connect during the cold winter months!

Save the date for Saturday, January 20th from 7:45am- 12pm.

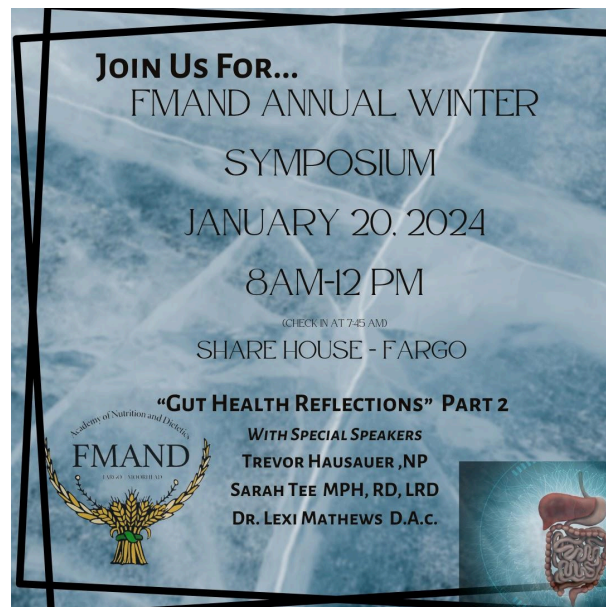
Cost:

\$10 Students and Public(other professions welcome)

\$20 for AND members

\$30 for NON- AND members

We have an incredible line-up of speakers planned, a mini expo, and more. This event is aimed at bringing our community together and supporting one another. We hope you will consider attending this year- Look out for the EventBrite Link to come!



Let your voice be heard! Complete [Action Alerts](#) to let your

legislators know what policies you are passionate about.

[Click Here:
Member Action Alerts](#)

**Have you Taken the
Alert?**

Farm Bill Action

A Farm Bill that assures a nourishing, affordable and sustainable food supply for all is paramount in achieving the Academy's vision: "a world where all people thrive through the transformative power of food and nutrition."

[Urge your Members of Congress](#) to pass a Farm Bill that supports nutrition security and improved health for all, nutrition education, research, and a healthful and sustainable food system. [Learn more](#) about the Academy's priorities for the Farm Bill.

Have You Taken the MNT Act Action Alert?

The Academy thanks U.S. Sens. Susan Collins (Maine) and Gary Peters (Mich.) and U.S. Reps. Robin Kelly (Ill.) and Jen Kiggans (Va.) for introducing the Medical Nutrition

Therapy Act of 2023.

Passage of the Medical Nutrition Act would be a win-win for you and the communities you serve:

- Increase access to nutrition care for seniors with chronic diseases.
- Authorize health care professionals to refer patients for MNT.
- Foster health equity.