

NORTH DAKOTA

Making a Difference!

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Academy of Nutrition and Dietetics

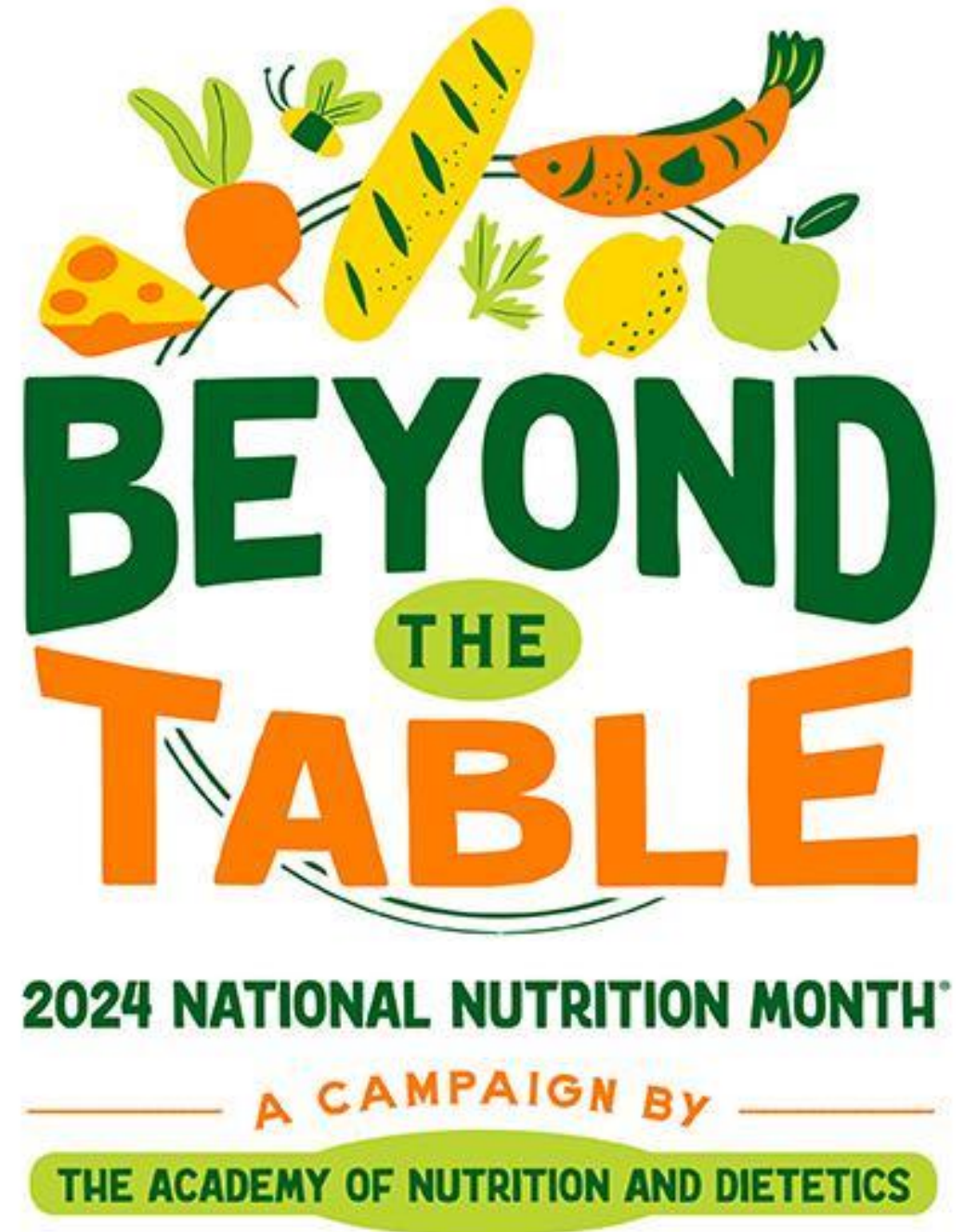




Disclosures

- No relevant financial disclosures
- Employed by the Academy of Nutrition and Dietetics
- Registered lobbyist

**Happy
National
Nutrition
Month[®]!**



Go Beyond the Table and Advocate!


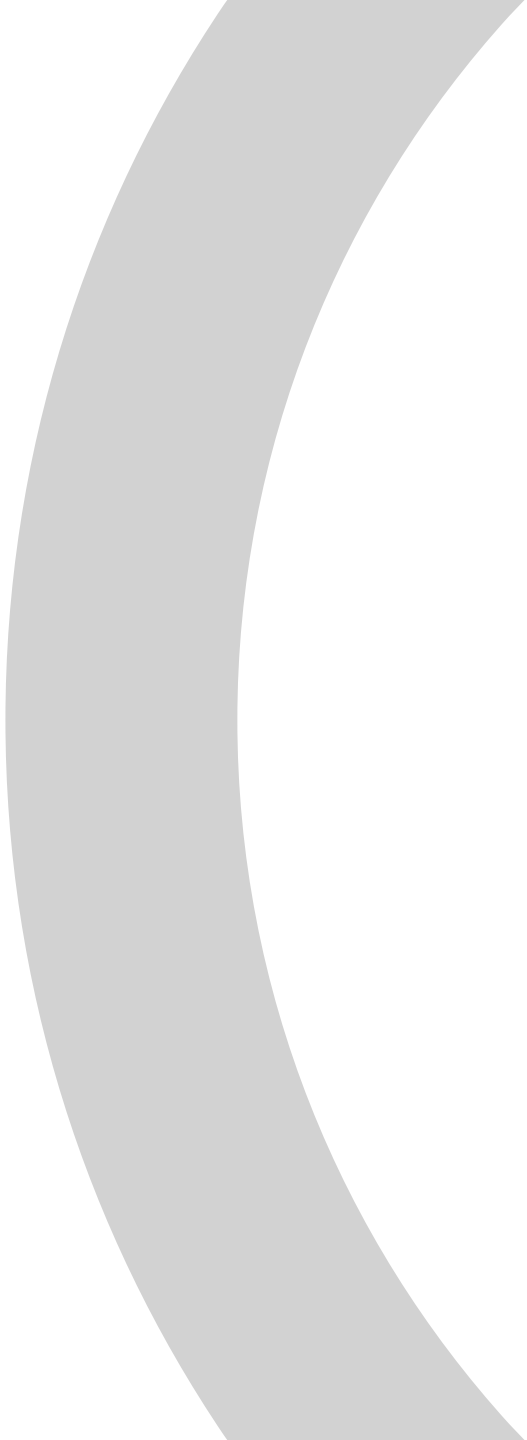


Why Advocate?



Why are
constituent
voices
important?





ONE PERSON
CAN MAKE A
DIFFERENCE,
AND EVERYONE
SHOULD TRY.

-JOHN F. KENNEDY-

Partners in policy - federal and state



Public Policy Priorities

2024–2026

eat right. Academy of Nutrition
and Dietetics



Equitable
**access to
nutrition
services**
provided by
qualified
practitioners



Federal
programs that
**increase access
to nutritious,
safe, culturally
relevant and
affordable food**
that improve
health and well-
being



**Evidence-
informed
Dietary
Guidelines for
Americans**
that embrace
cultural and
diverse dietary
patterns



**Maximize funding
for federal
nutrition
programs** and
services,
workforce diversity
initiatives and
educational
opportunities for
health professions.



Academy's Current Policy and Advocacy Efforts

- Farm Bill initiatives
- Child Nutrition
- Older Adult programs
- Consistent licensure laws
- Dietitian Licensure Compact
- MNT Access



Academy Priorities for the 2023 Farm Bill

Promoting Nutrition Security, Health Equity
and a Sustainable Food System

Farm Bill...2025?

- **Support nutrition security and health equity; improve access to healthful and culturally appropriate foods and resources to prepare them.**
 - SNAP-Ed, Nutrition Incentives
- **Create a diverse workforce and ensure sound science and program evaluation for future evidence-based decision making that is grounded in promoting health equity.**
 - Research, including the USDA Human Nutrition Research Center in Grand Forks
- **Support initiatives that foster a healthful and sustainable food system.**
 - Regional food systems

[Farm Bill \(eatrightpro.org\)](https://eatrightpro.org)

Alliance for National Nutrition Incentives

FRUIT AND
VEGETABLE
INCENTIVES

[Who We Are](#)

[Priorities](#)

[Latest](#)

[Get Involved](#) ▼

[GET RESOURCES](#)

STRENGTHENING FRUIT AND VEGETABLE ACCESS NATIONWIDE



Alliance for National Nutrition Incentives

NATIONAL STAKEHOLDERS

[Academy of Nutrition and Dietetics](#)

[American Heart Association](#)

[Bread for the World](#)

[Center For Science in The Public Interest](#)

[Council for a Strong America](#)

[Fair Food Network](#)

[Farmers Market Coalition](#)

[International Fresh Produce Association](#)

[MAZON: A Jewish Response to Hunger](#)

[National Grocers Association](#)

[National Produce Prescription Collaborative](#)

[National Sustainable Agriculture Coalition](#)

[Save the Children](#)

[Share Our Strength](#)

[Union of Concerned Scientists](#)

[Wholesome Wave](#)



Promoting Nutrition Incentives with the ANNI Coalition

SNAP-Ed – Family Nutrition Program



Supplemental Nutrition Assistance Program Education (SNAP-Ed) is a federally funded program available in all states. SNAP-Ed in North Dakota, known as the Family Nutrition Program (FNP), is provided through NDSU Extension. FNP helps limited-resource families:

- Make food decisions that support a healthful diet and stretch food dollars
- Cook nutritious meals and prepare food safely



SNAP-Ed Briefing for Congressional Staff

Celebrating Full Funding for WIC!

Thank you to everyone who took action alerts, e-mailed, called or contacted Senators Hoeven and Cramer and House Member Armstrong.

Our voices make a difference!



Increased nutrition for children through WIC and Child Nutrition Programs

USDA Final Rules expected in April 2024



WIC

- Finalizing increased Fruits and Vegetables benefits
- Expanding whole grains
- More non-dairy options
- Canned fish
- Formula flexibility

Child Nutrition

- Limits on added sugars
- Continuing to decrease sodium
- Increased whole grains
- Additional AI/AN cultural foods

Now permanent, Summer EBT Program!

- \$40 per eligible child, per month
- More than 10 years of research
- First new federal nutrition program in years
- Reduces childhood food insecurity by a significant amount, including the most severe form of food insecurity
- Promotes a healthy diet.

SUMMER P-EBT

Helping feed
children

The Summer Pandemic Electronic Benefits Transfer Program (P-EBT) **helps families with the cost of food for children** during the summer months.

WHO QUALIFIES?

If you have a school-age child who was **eligible for free or reduced-priced meals during the 2022/2023 school year**, your family may qualify.

APPLY TODAY!



<https://bit.ly/44b91L9>

QUESTIONS?

P-EBT Hotline: (701) 328-2732; 711 (TTY)
Email: snap-pebt@nd.gov

NORTH
Dakota | Health & Human Services
Be Legendary.

Healthy School Meals for All: So many wins!

Academic Benefits

In schools with universal school meals, students had:

- Improved:
 - Standardized test scores in math and English Language Arts^{1,2}
 - Attention and learning retention^{1,2}
 - Overall attendance, reduced tardiness and decrease in suspensions^{1,3}
- Increase in overall educational attainment in adulthood⁴



Community/Economic Benefits

Participation in school meals benefits local communities and economies by:

- Promoting Farm to School programs, supporting local farmers and ranchers⁷
- Building community partnerships⁸
- Investing in local economies – for every \$1 invested in school meals, local economies have a \$2 return in impact⁹



Healthy School Meals for All: So many wins!

Equity Benefits

School meals provide a key support for low-income and students of color. Equitable access to school meals decreases disparities by:

- Reducing:
 - Rates of food insecurity^{3,6}
 - Stigmas related to free or reduced-price meals¹⁰
- Increasing availability of nutritious foods to minority students¹¹
- Investing in outcomes linked with reductions in health and educational disparities^{3,11,12}



Health Benefits

Schools are the healthiest place to eat for kids.⁵ Participation in school nutrition benefits child health by:

- Improving:
 - Rates of mental illness including anxiety and depression⁶
 - Overall behavioral health and reducing classroom disruptive behaviors⁶
- Reducing rates of overweight and obesity²



HEALTHY SCHOOL MEALS FOR ALL COALITION

The time for nationwide Healthy School Meals for All is now.





Spread the Word!

Put in a good word about the better nutrition coming through:

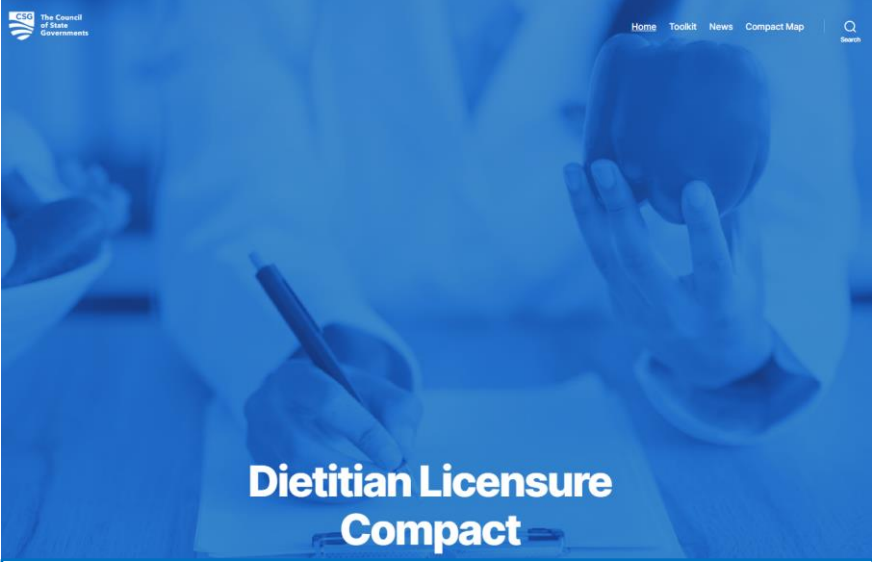
- School Meals
- No charge for school lunches and breakfasts for families who qualify for free and reduced price meals in North Dakota
- Summer EBT
- WIC



A bit of ND here in DC

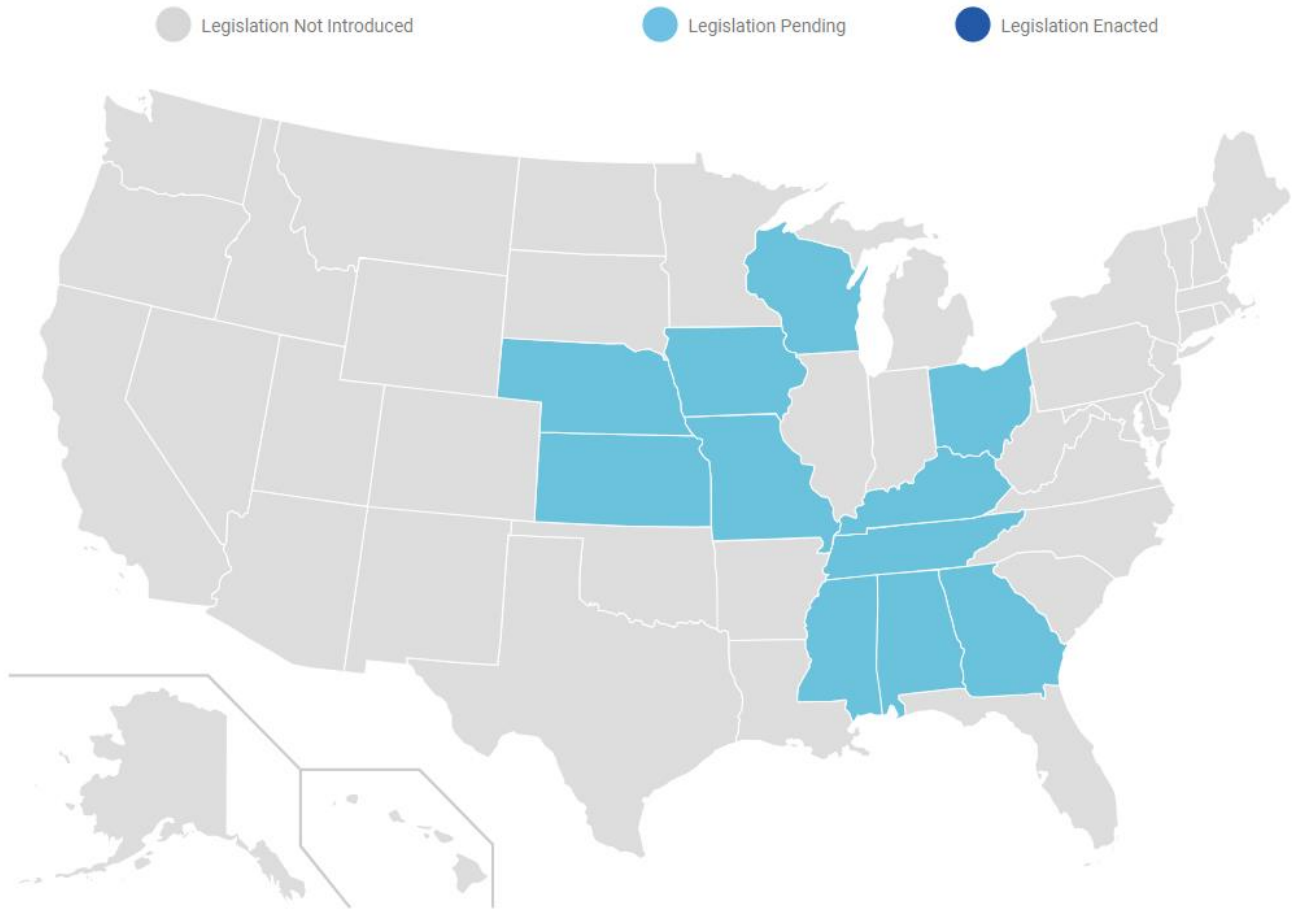


Dietitian Licensure Compact



Compact Legislation Filed in
11 States:
AL, GA, IA, KS, KY, OH, MO, MS, NE, TN, WI

<https://dietitianscompact.org/>



Academy Staff Contacts: Charla Burill and Lisa Eaton-Wright

Payment: Advocacy

Regulatory Comments and Letters

Payment Cuts and Advocacy

Medicaid

Food as Medicine

Academy Staff Contacts: Carly Leon and Kim Iles

How you can take part and help...



Sign up to be added to the Academy's monthly Public Policy Newsletter distribution list,
[Public Policy News sign-up \(google.com\)](https://www.google.com)

Get informed and involved

Join the
Academy's Advocacy
Affinity Groups



Licensure Initiatives Affinity Group

Meets the second Tuesday of every month from 3-4 p.m. (Eastern Time)

MNT Expansion Affinity Group

Meets the first Tuesday of every month from 3:30-4:30 p.m. (Eastern Time)

Nutrition Security Affinity Group

Meets the first Wednesday of every month from 4-5 p.m. (Eastern Time)

Payment and Reimbursement Affinity Group

Meets the fourth Tuesday of every month, 2-3 p.m. (Eastern Time)

Take Action!

eatrightpro.org/advocacy/take-action/action-alerts

Take Action

Action Alerts

Grassroots Resources

State Legislative Tracking
Map

Nutrition and Dietetics
Advocacy Summit

What Is a Political Action
Committee?

[Home](#) > [Advocacy](#) > [Take Action](#) > Action Alerts

Action Alerts

Amplify the Academy of Nutrition and Dietetics' voice for better food, nutrition and health policies. Action alerts allow us to bring the Academy's policy issues to the attention of members of Congress and help to raise awareness and add legitimacy to a particular priority issue. Available to both Academy members and the public, it literally only takes a minute to support specific bills or topics, share your view with your elected officials and advocate for strong nutrition policy.

Action Alerts are announced via *Eat Right Weekly* and Latest News, posted to social media, shared with dietetic practice groups, member interest groups and affiliate associations, and may be emailed to all or some Academy members, depending on geographic location or specialty. (Members who promote Action Alerts to non-members may use this link to the [Public Advocacy Action Center](#).)

[Take Action \(Members\)](#)

ACT now

for

MNT

#ACTnowforMNT

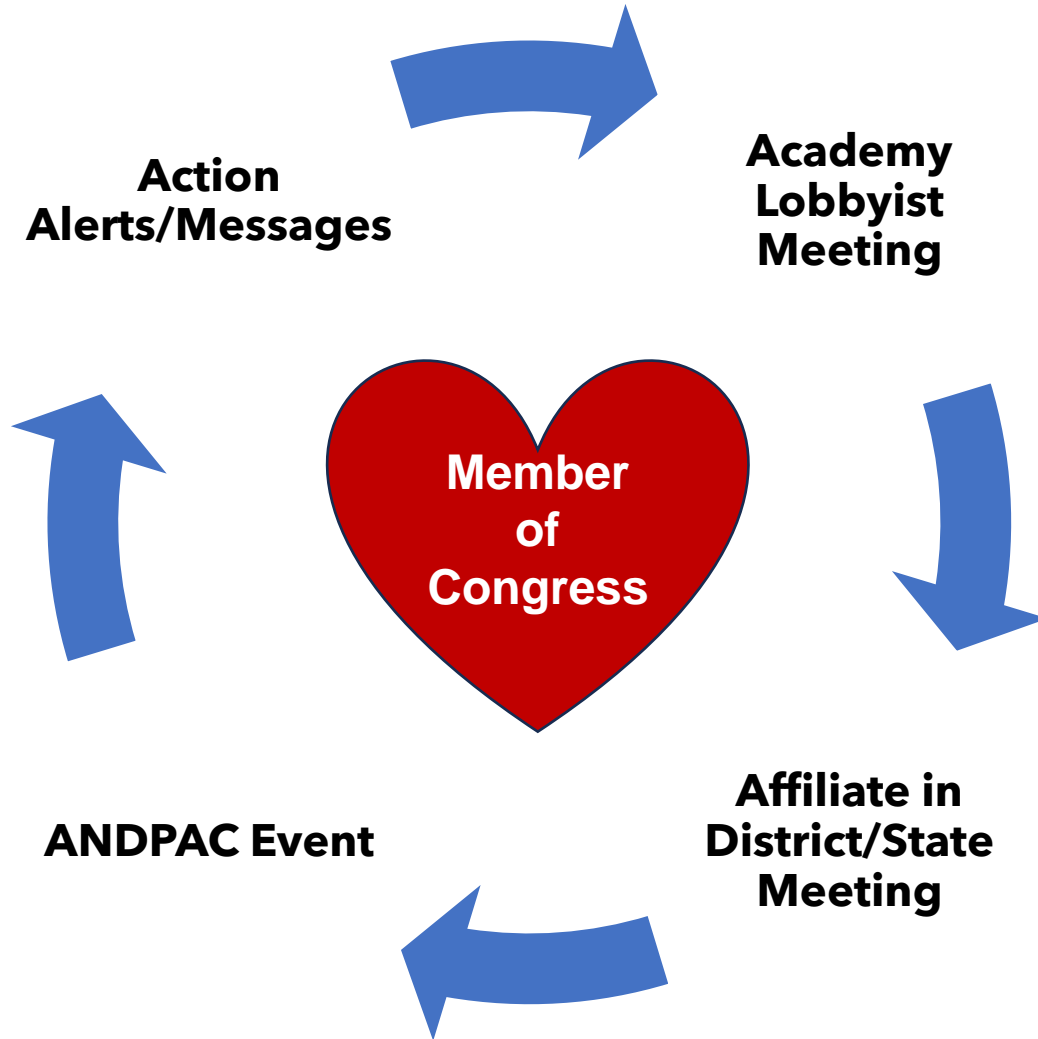
Show your support!

Learn more and get involved:
eatrightPRO.org/ACTnowforMNT

- ✓ **A** – complete the Academy’s MNT Act Action Alert
- ✓ **C** – Contribute \$5 to ANDPAC
- ✓ **T** – Tell 5 people to take the public Action Alert

Lead Staff member: Jeanne Blankenship

ANDPAC – the Power of a Hug!





ANDPAC helps to get a seat at the table

- ANDPAC is non-partisan and the only political action committee broadly focused on food, nutrition and health, supporting pro-nutrition candidates for federal office
- ANDPAC uses donations — not Academy dues — to support political candidates for federal congressional office and who are aligned the Academy's mission, vision and public policy priorities
- Attend an event:

[ANDPAC Event Request Form - Form by Asana](#)







Thank you!

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