

Dishin' with the Dietitians: RDN Career Panel

Speaker:

BriAnna Wanner, RDN, LRD

Bio:

As a dedicated Registered Dietitian since 2011, I have experience in clinical nutrition, public health nutrition, consulting and private practice. In 2019, I founded Blue Nutrition, focusing on personalized dietary solutions for inflammatory issues. Through comprehensive assessments and functional labs, I craft precise nutritional plans to support individual needs. Guiding hundreds to optimal health, I blend scientific expertise with a compassionate approach. My commitment to ongoing education ensures clients benefit from the latest nutrition advancements, empowering them to reclaim control over their well-being. Fueled by a desire for impactful change, I remain dedicated to fostering lasting wellness through personalized nutrition.

Speaker:

Jennifer Haugen, RDN, CSSD, LD

Bio:

Jennifer Haugen has over 20 years of experience as a registered dietitian in the Grand Forks area with over 12 years in the health and wellness field. She is a Board-Certified Specialist in Sports Dietetics (CSSD) since July 2011.

Learning Objectives:

1. Participants will be able to list one common nutrition diagnosis seen with athletes.
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Speaker:

Mandy Burbank, RDN, CLC

Bio:

Mandy Burbank is an LRD and CLC working for the past 18 years at GFPH. She received her BS in Dietetics at NDSU. Mandy wears many hats at PH with a focus on chronic disease prevention, MCH and worksite wellness.

Learning Objectives:

1. Attendees will be able to define social determinants of health.
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Speaker:

Megan Myrdal, MS, RD

Bio:

Megan Myrdal is a registered dietitian, farmer's daughter and just general enthusiast for all things food and farming. She holds degrees from Concordia College and NDSU in food and nutrition; she has spent her career working to celebrate, connect and empower her food community.

Today Megan works as a Senior Director of Development for the North Dakota State University Foundation for the College of Agriculture, Food Systems and Natural Resources. She is also the co-founder of Food of the North, the Little Free Garden project, and a co-author of *Midwest Mediterranean: Finding Health & Flavor with the Foods of the North*.

Megan's work experience has spanned the food industry including nutrition and culinary education, food system policy, farmer's market development, agriculture marketing and higher education. Through all this work, Megan has learned that the people who care deeply about food are the best people on the planet, and getting to work with, support, and celebrate those people is what motivates her every day.
