

NourishingHealth

2023 Nutrition Symposium Agenda

Tuesday, March 7, 2023

12:45 pm	Welcome	NDAND President
1:00 pm	Student Poster Session and Q&A	UND/NDSU/Concordia [1.5 CEU]
2:30 pm	NDAND Business Meeting	NDAND President
3:15 pm	Awards Presentation	NDAND Awards Chair
3:30 pm	Closing	NDAND President

**Agenda Subject to Change*

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Wednesday, March 8, 2023

8:15 am	RDN Day CELEBRATION!	NDAND President
8:30 am	Table Talk: A Novel Approach for Helping Kids Eat Well	Stephanie Meyers, MS, RDN [1 CEU]
9:30 am	From Farm to Fork: Food Safety and Regulatory Oversight of Dairy Products in North Dakota	Nathan Kroh, FDA certified Sanitation Rating Officer [1 CEU]
10:30 am	BREAK	
10:45am	A Picture of Plant-Based Anti-Inflammatory Diet	Sharon Palmer, MSFS, RDN [1 CEU]
11:45 am [Working Lunch]	Allyship and The Inclusion of Culture in Nutrition Education	Mara Wack, MPH, RD [1 CEU]
12:45 pm	BREAK	
1:00 pm	Ethics and the Practice of Interpersonal Forgiveness: From Hurting to Healing and Hope	Dr. Preston C. VanLoon, Ed.D. [1 CEU]
2:00 pm	Expo and Q&A	[1.25 CEU]
3:15 pm	Current Vitamin D Research Overview and the Development of a Public Health Model Addressing Vitamin D Deficiency	Beth Sanford, DNP, RN, ACN, CLC [1.25 CEU]
4:30 pm	Closing	

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