

Nourishing HEALTH

Tuesday, March 8, 2022		
8:15 am	Welcome <i>Amy Davis, President</i>	
8:30 am	Mindfulness, Meditation, and the Chemistry of Kindness <i>Melanie Carvell, PT</i>	
9:30 am	How Using Your Voice to Create Change for Others Changes You <i>Jillian Lampert PhD, RD, LD, MPH, FAED</i>	Sponsored by: <i>The Emily Program</i>
10:30 am	BREAK	
10:45 am	Nutrition Business: How to Succeed in Private Practice <i>Angie Asche, MS, RD, CSSD, LMNT</i>	
11:45 am	BREAK	
12:00 pm (Working Lunch)	NDAND Membership Meeting <i>Amy Davis, President</i>	
12:45 pm	NDAND Awards Ceremony <i>Kelsey Herrick, Awards Chair</i>	
1:00 pm	Mental Health & Nutrition: State of the Literature <i>Dr. Shelly Brandenburger, PhD, RD, LN</i>	
2:00 pm	BREAK	
2:15 pm	Virtual Expo with Q&A	
3:15 pm	Food for Thought: Dental and Nutrition Collaborative <i>Ellen Karlin, MMSc, RDN, LDN, FADA</i>	
4:15 pm	Why Today's Soyfoods and Soybean Oil are On-Trend for Tomorrow's Consumers <i>Linda Funk</i>	Sponsored by: <i>North Dakota Soybean Council</i>
4:45 pm	Closing	

Agenda subject to change

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Wednesday, March 9, 2022		
8:00 am	<i>Conversations + Coffee...Celebrate RDN Day!</i>	
8:30 am	Hospice and End-of-Life Nutrition in Long Term Care <i>Cassandra "Cassie" Whitmore, RD, LMNT</i>	
9:30 am	Vitamins: Supplementation and Optimization During Shortages <i>Julia Muzzy Williamson, PharmD, BCPPS, BCNSP</i>	
10:30 am	BREAK	
10:45 am	Emotional Intelligence & Leadership <i>Stacie Iken, PhD</i>	
11:45 am	BREAK	
12:00 pm (Working Lunch)	Licensure Law <i>Brooke Frederickson</i>	
1:00 pm	Poster Sessions with Q&A	
2:00 pm	BREAK	
2:15 pm	What We Need to Know About Plant Based Eating Patterns <i>Matthew Ruscigno, MPH, RD</i>	<i>Sponsored by: Vegetarian Nutrition Dietetic Practice Group</i>
3:15 pm	FoodMASTER: Reach to Teach <i>Sylvia Escott-Stump, MA, RDN, LDN, FAND</i>	<i>Sponsored by: National Institute of Health</i>
4:15 pm	Closing	

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Thank you for attending the 2022 NDAND 'Nourishing Health' Nutrition Symposium & Expo!
Our Symposium would be impossible without the support of our sponsors! THANK YOU!
Please watch your email for the event evaluation & CEU certificate!

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