

Nourishing HEALTH

Agenda

Thursday, March 11th, 2021

07:45 am	Welcome <i>Slideshow, Sponsorship Recognition</i>	Amanda Ihmels – NDAND President
08:00 am	The Gut Microbiome: Effect and Implications in Pediatric Health <i>Rebecca Heller, PhD, RD</i>	Sponsored by: Abbott
09:00 am	Using Nutrigenomic Testing to Drive Healthy Dietary Choices <i>Ginger Hultin, MS, RDN</i>	Sponsored by: Vegetarian Nutrition Dietetic Practice Group
10:00 am	The Role of Soyfoods in Healthy & Sustainable Diets <i>Mark Messina, PhD, MS</i>	Sponsored by: North Dakota Soybean Council/The Soyfoods Council
11:00 am	All About Pulses: Lentils, Chickpeas, Dry Peas, & Beans <i>Becky Garrison, RDN, LD</i>	Sponsored by: Northern Pulse Growers
12:00-12:15 pm	<i>Break/Lunch 'to-go'</i>	
12:15-12:45 pm	NDAND Membership Meeting <i>Amanda Ihmels</i>	
12:45-1:00 pm	NDAND Awards Ceremony <i>Kelsey Herrick, NDAND Awards Chair</i>	
1:00 pm	Is it IBS, Celiac Disease, or Non-Celiac Gluten Sensitivity? <i>Meghan Donnelly, MS, RDN</i>	Sponsored by: Dr. Schär
2:00 pm	Expo Virtual Exhibits	
2:30 pm	Expo Q&A	
3:00 pm	Greater Protein Intakes Are Associated with Improved Body Composition in Women <i>Sherri Stastny, PhD, RD, CSSD, LRD</i>	Sponsored by: North Dakota Beef Commission
7:00 pm	Virtual Social – Leveraging Your Strengths Discovering Your CliftonStrengths <i>Dave Stein</i>	Sponsored by: Hatch Realty

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Friday, March 12th, 2021

07:30 am	Virtual Yoga!	Sponsored by: Proximal50
08:00 am	Wound Care: Advanced Therapies for Wound Intervention <i>Margene Reno, MS, RD</i>	Sponsored by: The Yes Group
09:00 am	COVID-19: Impact on Food Security in North Dakota Food Dignity COVID-19 Era: Challenge the Stigma, Change the Culture <i>Melissa Sobolik, Great Plains Food Bank</i> <i>Clancy Harrison, MS, RDN, FAND</i>	Sponsored by: Midwest Dairy Council
10:00 am	Ethical Practice in Social Media: What Dietitians Need to Know <i>Drew Hemler, MSc, RD, CDN, FAND</i>	
11:00 am	Poster Session	
11:30 am	Q&A with Poster Presenters	
12:00 pm (working lunch)	Public Policy and 2021 ND Legislative Update <i>Olson Effertz and Sandy Horob, MEd, RDN</i>	Sponsored by: NDAND
1:00 pm	Increasing Leadership Effectiveness and Influence through Relationship Building <i>Shontarius Aikens, PhD</i>	
2:00 pm	Closing	

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Thank you for attending the 2021 NDAND 'Nourishing Health' Nutrition Symposium & Expo!

Our Symposium would be impossible without the support of our sponsors! THANK YOU!

Please watch your email for the event evaluation & CEU certificate!

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