

Meghan Donnelly, MS, RDN

Is it IBS, Celiac Disease, or Non-Celiac Gluten Sensitivity?

Meghan Donnelly is a registered dietitian living in New York City. Currently, she is the Nutrition Services Manager at Dr. Schär USA. She joined the Dr. Schär team in 2018 after completing Dietetic Internship at the James J. Peters VA Medical Center in the Bronx, NY. Meghan feels passionately about improving quality of life for people following restrictive diets through culinary education and practical application of nutrition science. Her specialties include celiac disease, irritable bowel syndrome, and chronic kidney disease. Meghan has a Master's degree in Nutrition & Dietetics from New York University and a Bachelor's degree in Biology from The College of the Holy Cross.

Description:

This webinar will compare and contrast the presentation, prevalence, and treatment of CD, NCGS, and IBS. As many clinicians are faced with an increasing number of patients presenting with symptoms of abdominal pain, bloating and gas, and/or change in bowel habits, it is important to properly identify the underlying cause of the symptoms. While the symptoms of these conditions may overlap, the dietary management of the two are distinct.

Objectives:

1. Identify the diagnostic pathway of CD, IBS, and NCGS
2. Describe the presentation, symptoms, prevalence of CD, NCGS, and IBS
3. Describe the differences in treatment for the 3 conditions