Nourishing HEALTH

# Nutrition Symposium Agenda

## Thursday, March 11th, 2021

| | | |
|---|---|---|
| **07:45 am** | ***Welcome***<br>*Slideshow, Sponsorship Recognition* | Amanda Ihmels |
| **08:00 am** | ***The Gut Microbiome:***<br>***Effects and Implications in Pediatric Health***<br>*Rebecca Heller, Phd, RD* | Sponsored by:<br>Abbott |
| **09:00 am** | ***Nutrigenomics***<br>*Ginger Hultin, MS, RDN, CSO* | Sponsored by: Vegetarian Dietetic Practice Group |
| **10:00 am** | ***New research on Soy & Ultra-Processed Foods***<br>*Dr. Mark Messina* | Sponsored by:<br>North Dakota Soybean Council |
| **11:00 am** | ***All About Pulses: Lentils, Chickpeas, Dry Peas & Beans***<br>*Becky Garrison, RDN* | Sponsored by:<br>Northern Pulse Growers |
| **12:00-12:15 pm** | *Break/Lunch to-go* | |
| **12:15-12:45 pm** | ***Membership Meeting***<br>*Amanda Ihmels* | |
| **12:45-1:00 pm** | ***Awards Ceremony***<br>*Kelsey Herrick* | |
| **1:00 pm** | ***Is it IBS, Celiac Disease or Non-Celiac Gluten Sensitivity?***<br>*Meghan Donnelly, MS, RDN* | Sponsored by:<br>Dr. Schar |
| **2:00 pm** | ***Expo Virtual Exhibits*** | |
| **2:30 pm** | ***Expo Q&A*** | |
| **3:00 pm** | ***Power of Protein***<br>*Sherri Stastny, PhD, RD, CSSD, LRD* | Sponsored by:<br>ND Beef Commission |
| **7:00 pm** | ***NDAND Districts Virtual Social***<br>***Discovering Your CliftonStrengths***<br>*Dave Stein* | Sponsored by:<br>Hatch Realty |

*Agenda subject to change*

# Nourishing HEALTH

**Friday, March 12th, 2021**

| | | |
|---|---|---|
| **07:30 am** | ***Yoga Virtual*** | Sponsored by:<br>Prox50 |
| **08:00 am** | ***Wound Care: The New National Pressure Injury Advisory Panel Guidelines***<br>*Margene Reno, RD* | Sponsored by:<br>The Yes Group |
| **09:00 am** | ***Food Dignity COVID-19 Era: Challenge the Stigma, Change the Culture***<br>*Clancy Harrison, MS, RDN, FAND*<br>*Melissa Sobolik Great Plains Food Bank* | Sponsored by:<br>Midwest Dairy Council |
| **10:00 am** | ***Ethics in Social Media: What the Dietitians Need to Know***<br>*Drew Hemler, MSc, RD, CDN, FAND* | |
| **11:00 am** | ***Poster Session (Review Videos)***<br>*Concordia College Students* | |
| **11:30 am** | ***Q&A with Poster Presenters*** | |
| **12:00 pm**<br>(working lunch) | ***Public Policy and Legislative Update***<br>*Olson & Effertz and NDAND Public Policy Panel* | Sponsored by:<br>NDAND |
| **1:00** | ***Leadership/Management Topic***<br>*Shontarius Aikens, Ph.D.* | |
| **2:00** | ***Wrap up*** | |

*Agenda subject to change*

**Thank you for attending the 2021 NDAND 'Nourishing Health' Nutrition Symposium & Expo!**

**Our Symposium would be impossible without the support of our sponsors! THANK YOU!**

**Follow Us!**

**www.eatrightnd.com**

**Facebook – @northdakotaand**

**Instagram – EatRightND**

**Twitter – @EatRightND**