

Nourishing HEALTH

NDAND Nutrition Symposium & Expo

March 11th–12th, 2020 – Fargo, ND

Wednesday – March 11th, 2020

Time		Room
8:00 – 9:30 am	Registration/Continental Breakfast	East Hallway (outside Sterling Hall)
9:45 am	Welcome – Georgianna Walker, MS, RD, LRD NDAND President	Sterling Hall
10:00 – 11:00 am	Soyfoods and Health: Examining Proposed Benefits and Issues of Concern – Mark Messina, PhD, MS	Sterling Hall
11:00 – 11:30 am	Nuts & Bolts of Feeding Tubes – Amanda Ihmels, RDN, CSO, LRD	Sterling Hall
11:30 – 12:30 pm	Lunch & Expo Viewing	Executive/Board and Dakota Hall
12:30 – 1:00 pm	Breastfeeding and the Importance of Support from the Healthcare System – Elizabeth Hilliard, PhD, RDN, IBCLC, LRD	Sterling Hall
1:00 – 1:30 pm	More Taste, Less Waste – Megan Myrdal, MS, RD	Sterling Hall
1:30 – 2:00 pm	Food Insecurity and Hunger in North Dakota – Melissa Sobolik	Sterling Hall
2:00 – 2:30 pm	Break & Expo Viewing	Dakota Hall
2:30 – 3:00 pm	Licensure: What it is and Why it Matters – Bri Srnsky, RDN, LRD, CEDRD-s	Sterling Hall
3:00 – 3:30 pm	FRESH Delivery: Effective Strategies to Help You Take the Next Stage with Confidence – Judy Barbe, MS, RDN	Sterling Hall
3:30 – 4:00 pm	Dysphagia Management Across Settings and Patient Populations – Joy Laoiseau, MS, CCC-SLP	Sterling Hall
4:00 – 4:30 pm	Going Global: A Recipe for Sustainable Nutrition – Janice Giddens, MS, RDN	Sterling Hall

NDAND Social

Location: Thunder Coffee, (300 Sheyenne St. Suite 190), West Fargo

Time: 6:00-8:00 pm

Cost: \$40.00

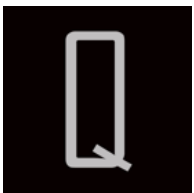
Come spend the evening in the industrial yet beautiful setting that is Thunder Coffee in West Fargo, North Dakota. This is an evening to celebrate, socialize, and get to know some of North Dakota Academy of Nutrition and Dietetics' finest while celebrating RDN Day together! Come dressed in your business casual black and white favorites for a fun night out. This evening is packed full of some of Fargo's most delicious food and beverage vendors - Thunder Coffee cocktails and mocktails, Suna Egyptian Eatery, Duchessa Gelato, Milk Maid Catering, and Baking Smiles. We look forward to celebrating RDN Day with you all!

Didn't register online? NO PROBLEM! Walk-in payment accepted at the door!

Our Symposium would be impossible without the support of our sponsors!

Thank You

Gold Level Sponsor: \$2,000 +



Silver Level Sponsor: \$1,000



Bronze Level Sponsor: \$500



Partner Level Sponsor: \$250



Deborah K. Strand
RDN, LRD, EHP



Thursday – March 12th, 2020

Time		Room
07:00 – 07:45 am	Registration/Continental Breakfast	South Foyer/Royale & Embassy A&B
07:45 – 08:00 am	Welcome	Royale & Embassy A&B
08:00 – 09:00 am	The Food Matrix: More Than the Sum of Nutrients – Janice Giddens, MS, RDN	Royale & Embassy A&B
09:00 – 10:00 am	Breakout #1: My Patients Won't Take My Really Good Advice! Now What Do I Do? – Jon Ulven, PhD, LP	Conference
	Breakout #2: How to Improve the Long-Term Outcomes of Failure to Thrive in the Pediatric Patient – Danielle Villano, MS, RDN, CSP, LRD	Directors
10:00 – 11:00 am	Expo and Poster Session Viewing	Dakota Hall
11:00 – 12:00 pm	Breakout #1: Incorporating Breastfeeding into Clinical Practice: A Starter's Guide – Elizabeth Hilliard, PhD, RDN, IBCLC, LRD	Directors
	Breakout #2: Incorporating a Weight-Neutral Approach to Nutrition – Brooke Fredrickson, RDN, LRD, CDCES	Conference
12:00 – 1:00 pm	Lunch/Member Meeting & Expo/Poster Session Viewing	Royale & Embassy A&B
1:00 – 2:00 pm	Breakout #1: Orthorexia and the Implications of Food Shaming – Bri Srnsky, RDN, LRD, CEDRD-s	Conference
	Breakout #2: The Nutrition Facts Label: What's New & What Remains – Julie Garden-Robinson, PhD, RD, LRD	Directors
2:15 – 3:15 pm	Culinary Techniques for RDs: You Don't Need to be a Top Chef to Build Kitchen Confidence – Judy Barbe, MS, RDN	Royale & Embassy A&B
3:30 – 4:30 pm	What the Endocrinologist Wants You to Know – Raul Ruiz, MD	Royale & Embassy A&B
4:30 pm	Closing – Georgianna Walker, MS, RD, LRD NDAND President	Royale & Embassy A&B

NDAND would like to thank you for attending the
2020 “Nourishing Health” Symposium & Expo!

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Please watch your email for information on
evaluations and continuing education credit
certificate of attendance.



North Dakota Academy
of Nutrition & Dietetics